

USNH Naples Prenatal Classes for 2011

Please call 629-6404 or 081-811-6404 to schedule.

Classes may change due to unforeseen circumstances.

All these classes meet up in the OB/GYN waiting area.

2nd TRIMESTER CLASS

APR 4	0900
MAY 2	0900
JUNE 6	0900

3rd TRIMESTER CLASS

APR 18	0900
MAY 16	0900
JUNE 20	0900

BREASTFEEDING CLASS

APR 11	0900
MAY 9	0900
JUNE 13	0900

EXPECTANT FATHER CLASS

APR 22	0900
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INFANT & CHILD CPR

APR 18	1300
MAY 16	1300
JUNE 20	1300

NAVY AND MARINE CORPS RELIEF SOCIETY

CALL 626-3913 /081-568-3913 TO SCHEDULE.

SCHEDULE MAY CHANGE TO UNFORESEEN CIRCUMSTANCES.

BUDGETING FOR BABY	
27 APR	1000-1200
25 MAY	1000-1200
22 JUNE	1000-1200

BABY BASICS COURSE	
21 APR	0900-1200
19 MAY	0900-1200
16 JUN	0900-1200

2ND TRIMESTER CLASS:

This class covers the stages of the 2nd trimester of pregnancy. You will be given a handout on how to get a baby shipment done. The video will go over what to expect during your 2nd trimester. Your presenters are from WIC, New Parent Support Program, and the Navy and Marine Corps Relief Society. The OB/GYN nurse will be present to answer any questions or concerns.

3RD TRIMESTER CLASS

This class covers the stages of the 3rd trimester of pregnancy. The video will go over the stages of labor. A tour of the labor and delivery deck will be given. Your presenters are from WIC, New Parent Support Program, Navy and Marine Corps Relief Society, Pediatric Nurse, and the anesthesiologist. OB/GYN nurse will be present to answer any questions or concerns you may have.

Breastfeeding Class

This class covers the techniques on how to breast feed your child and what to expect while breastfeeding. This class is given by the lactation consultant or a nurse from OB/GYN, PEDS or Labor/Delivery.

Expectant Father Class